

# LIFE'S KITCHEN



A LOVE OF FOOD &  
A SENSE OF OCCASION

## 2021 BUFFET PACKAGES

Life's Kitchen

0207 248 1163 | [info@lifeskitchen.com](mailto:info@lifeskitchen.com) | [www.lifeskitchen.com](http://www.lifeskitchen.com)

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## Lunch Buffet Options

### Gourmet Sandwiches

Selection of Fresh Cut Sandwiches Served on Speciality Breads  
With Gourmet Meat, Fish and Vegetarian Fillings

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Fresh Cut Fruit Platter

### Finger Buffet

#### Selection of Freshly Cut Finger Sandwiches

Free Range Egg and Cress

Smoked Salmon with Fresh Lemon and Black Pepper

Roast Beef and Horseradish

Coronation Chicken and Rocket

Whipped Goats Cheese and sun Blush Tomato

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#### Hot and Cold Finger Food Items

Smoked Salmon and Horseradish Tartlets (Hot or Cold)

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Parma Ham and Roasted Tomato Roulade

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Tomato and Basil Bruschetta (Cold, V)

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Teriyaki Beef Skewers (Hot)

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Tempura Squid, Garlic Mayonnaise (Hot)

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Roasted Vegetable Filo Parcels (Hot, V)

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Thai Fishcake, Sweet Chilli Dip (Hot or Cold)

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Baby Gem, Prawns and Marie Rose Sauce (Cold)

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Deep Fried Risotto Cakes (Hot, V)

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Roasted Red Onion and Goats Cheese Melt (Hot, V)

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## Life's Kitchen Deli Boards

Continental Style Deli Boards Beautifully Presented with an Array of Fine Charcuterie, Terrines, Smoked Fish, Seafood and Continental Cheeses, Accompanied with Rustic Fresh Baked Artisan Rolls Chutneys and Pickles

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Fresh Cut Fruit Platter

## Hot Two Course Fork Buffet

### **Meat Main Course Options**

Slow Cooked Pork Belly  
Sage Roasted Baby Potatoes and Apple Scented Jus

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Braised Blade of Beef  
Sauté Potatoes with Lardons of Smoked Bacon

### **Fish Main Course Options**

Whitefish and Parsley Fishcakes  
Light Lemon Cream

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Pan Fried Stone Bass  
Buttered Fondant Potato, Soft Herb and Olive Oil Dressing

### **Vegetarian Main Course Options**

Wild Mushroom Gnocchi  
Vegetable Ragout Sauce

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Stuffed Peppers  
Rich Tomato Sauce, Crumbled Feta  
*(Further Menus Available)*

### **Dessert**

Chefs Selection of Mouth Watering Desserts with Cream and Fruit Coulis

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Fresh Fruit Salad

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