



LIFE'S
KITCHEN

— ◆ —
A LOVE OF FOOD &
A SENSE OF OCCASION

Hot Buffet Menu Selector 2020

LIFE'S KITCHEN LTD
0800 915 0978
INFO@LIFESKITCHEN.COM
WWW.LIFESKITCHEN.COM

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Hot Fork Buffet Menu Selector

Main Courses

Meat

Jerked Chicken
Sweet Potato, Spinach and Fried Plantain

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Slow Braised Lamb
Rosemary Sauce and Hispi Cabbage

~

Mini Cumberland Sausages
Grain Mustard Mash and Onion Gravy

~

Breaded Chicken Escalope
Fresh Lemon, Garlic and Parsley Buttered Pasta

~

Slow Cooked Pork Belly
Sage Roasted Baby Potatoes and Apple Scented Jus

~

Braised Blade of Beef
Sauté Potatoes with Lardons of Smoked Bacon

Fish

Roasted Salmon Fillet
Saffron Potatoes, Tomato and Dill

~

Seafood Bake
Creamy Sweet Pepper Sauce

~

Roulade of Plaice
Crushed Potatoes and Caper Sauce

~

Mini Smoked Haddock and Prawn Pie
Cheesy Potato Crust

~

Whitefish and Parsley Fishcakes
Light Lemon Cream

~

Pan Fried Stone Bass
Buttered Fondant Potato, Soft Herb and Olive Oil Dressing

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Vegetarian

Wild Mushroom Gnocchi
Vegetable Ragout Sauce

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Roasted Vegetable Risotto
Shaved Parmesan, Basil Oil

~

Stuffed Peppers
Rich Tomato Sauce, Crumbled Feta

~

Broccoli and Stilton Tarts
Herb Cream

~

Ricotta Tortellini
Herb and Olive Dressing

Salads

Mixed Leaf

~

Celeriac Rémoulade

~

Greek Salad

~

Mange Tout and Toasted Sesame Seeds

~

Heritage Tomato and Red Onion Salad

~

Buck Wheat, Coriander and Lime

~

Pasta Salad, Sun blush Tomato and Basil Pesto

~

Classic New Potato Salad

Desserts

Chefs Selection of Mouth Watering Desserts with Cream and Fruit Coulis

~

Fresh Fruit Salad

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