



LIFE'S  
KITCHEN

— ◆ —  
A LOVE OF FOOD &  
A SENSE OF OCCASION

Menu Selector  
Spring & Summer 2019

LIFE'S KITCHEN LTD  
0800 915 0978  
INFO@LIFESKITCHEN.COM  
WWW.LIFESKITCHEN.COM

# LIFE'S KITCHEN

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## Starters

Lightly Cured Spiced Scottish Salmon  
Pickled Vegetables, Mango Dressing

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Norfolk Crab & Chive Tart  
Crisp Slaw Salad, Citrus Reduction

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Grilled Swordfish Steak  
Butterbean Salad, Sauce Vierge

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Smoked Chicken & Sweet Pepper Filo  
Red Pepper Reduction, Basil Cress

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Buffalo Mozzarella & Grilled Asparagus Salad  
Toasted Pine Nuts, Pesto Dressing

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Carpaccio of Beef  
Pickled Mushrooms, Crispy Onions & Creamy Truffle Dressing  
Rocket Cress

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## Main Course

Tournedos of Beef Fillet topped with Pate Foie Gras  
Rosti Potato Cake, Madeira Sauce

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Herb Crusted Lamb Rack  
Crushed Baby Potatoes, Spring Vegetable Fricassee

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Pan Seared Salmon Fillet  
Brown Shrimp Potato Cake, Summer Sea Vegetables

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Guinea Fowl Supreme with Morrel Mushroom Farce  
Pomme Anna, Fine Beans & Heritage Carrots  
Café au Lait Sauce

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Roasted Free Range Chicken Breast  
Open Ham Hock & Leek Pie  
New Potatoes and Parsley Sauce

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Poached Lemon Sole Fillet with Langoustine Mousse  
Saffron Potatoes, Rich Shellfish Bisque

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## Desserts

Apricot and Almond Frangipane  
Pistachio Ice Cream, Raspberry Coulis

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Mixed Berry Mousse  
White Chocolate Shavings

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Fresh Strawberry Tart  
Chantilly Cream, Mint Cress

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Chocolate Caramel Cake  
Vanilla Ice-cream, Honeycomb Nibs

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Orange & Pecan Cheesecake  
Crisp Biscuit

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Spiced Rum & Tropical Fruit Trifle

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*H.R Higgins Colombia Supreme Coffee and Petit Fours*

*Please choose one starter, one main course and one dessert for your event.*

*Dietary requests are catered for with pleasure.*

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