



# LIFE'S KITCHEN

— ♦ —  
A LOVE OF FOOD &  
A SENSE OF OCCASION

## The City Menu Selector Autumn & Winter 2018-19

LIFE'S KITCHEN LTD  
0800 915 0978  
INFO@LIFESKITCHEN.COM  
WWW.LIFESKITCHEN.COM

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## Starters

Smoked Salmon Parfait  
Smoked Salmon, Caviar Dressing, Fine Herb Salad

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Prawn, Crab & Spring Onion Filo  
Sweet Chilli and Lime Dressing, Coriander Cress

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Pan-Roasted Pigeon Breast  
Warm Puy Lentil & Maple Cured Bacon Salad

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New England Chowder  
Smoked Haddock Arancini, Parsley Cress

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Seared Smoked Duck Breast  
Apple & Beetroot Remoulade  
Hazelnut Crumb, Sorrel Cress

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Blue Cheese Panacotta  
Parma Ham, Pear & Ginger Chutney  
Walnut Bread Crisp

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Ham Hock & Grain Mustard Roulade  
New Potato & Spring Onion Salad  
Sweet Mustard Dressing

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Wild Mushroom & Spinach Tart  
Squash Puree, Herb Mascarpone (v)

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## Main Course

Slow Cooked Rump of Beef  
Roast Root Vegetables, Chive Mash  
Crisp Ox Cheek Bonbon, Rich Onion Gravy

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Lamb Two Ways  
Herb Marinated Cutlets & Slow Cooked Shoulder  
Pomme Anna  
Redcurrant Jus

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Rolled Fillet of Lemon Sole  
Crayfish Mousse  
Creamed Spinach, Saffron Potato  
Dill Hollandaise

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Braised Shin of Beef  
Crushed Parsley Potatoes, Winter Greens  
Port Wine Jus

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Pork Osso Bucco  
Crisp Caramelised Onion and Sage Polenta  
Rich Tomato and Saffron Sauce

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Pan-fried Guinea Fowl Roulade  
Clonakilty Black Pudding, Bubble & Squeak  
Sweet Sherry Glaze

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“Game Pie”  
Pheasant Breast, Mixed Game Pie  
Slow Cooked Red Cabbage, Green Beans  
Rich Game Jus

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Duo of English Rose Veal  
Crispy Cheek & Slow Cooked Feather Blade  
Caramelised Shallot & Smoked Cheddar Mash

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## Dessert

Fine Apple Tart  
Cinnamon Ice-cream

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Orange Mousse  
Cranberry Compote, Biscotti Biscuit

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Bitter Chocolate Tart  
Fresh Raspberry Compote  
Vanilla Ice Cream

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Pistachio & Brioche Pudding  
Vanilla Anglaise

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White Chocolate & Baileys Tiramisu  
Shaved Bitter Chocolate

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Pear & Ginger Cheesecake  
Honeycomb Ice Cream

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Paris Brest  
Winter Berry Compote

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Home Made Sticky Toffee Pudding  
Butterscotch Sauce  
Clotted Cream Ice Cream

*H.R Higgins Colombia Supreme Coffee and Petit Fours*

*Please choose one starter, one main course and one dessert for your event.  
Dietary requests are catered for with pleasure.*

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