

# LIFE'S KITCHEN

— ✦ —  
A LOVE OF FOOD &  
A SENSE OF OCCASION



## 2026 SPRING SUMMER MENU SELECTOR

Life's Kitchen

0207 248 1163 | [info@lifeskitchen.com](mailto:info@lifeskitchen.com) | [www.lifeskitchen.com](http://www.lifeskitchen.com)

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## Starters

Shredded Smoked Ham Hock

Grated Egg, French Beans, Gherkins, Honey & Grain Mustard Dressing

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Parma Ham & Chorizo

Grilled Vegetable Salad, Tapenade Dressing

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Smoked Chicken Liver Pate

Crispy Capers, Melba Toast, Rocket Salad

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Warm Charred Sardines

Tomato, Capers, Olives and Roast Peppers, Crisp Leaf Salad, Citrus Dressing

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Hot Smoked Salmon Mille-Feuille

Pink Peppercorn Creme Fraiche, Tarragon Crumb, Watercress Salad

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Swordfish Ceviche

Wasabi Caviar, Pickled Onions, Crisp Bread, Coriander Cress

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Squid Stuffed with Prawns

Romesco Sauce, Samphire, Red Sorrel Cress

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Buffalo Mozzarella

Ratatouille Tart, Basil Mayonnaise, Herb salad (V)

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King Oyster Mushrooms

Sunflower Seed Duxelle, Paprika Mayonnaise (vegan)

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Grilled Asparagus

Baby Tomato Salad, Lemon & Pumpkin Seed Pesto (vegan)

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## Main Courses

Roast Sirloin of Beef

Hasselback Potato, Grilled Courgette & Crispy Shallots, Chasseur Sauce

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Slow Roasted Aged Fillet of Beef

Dauphinoise Potato, Baby Vegetables, Wilted Chard, Peppercorn Sauce  
(£7.50 Supplement Charge)

~

Slow Cooked Rump of Lamb

Spring Onion Potato Cake, Green Beans, Smoked Tomato Concasse

~

Seared Duck Breast

Sweet Potato Confit, Pesto, Burnt Orange Reduction, Wilted Rainbow Chard

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Chorizo & Chevre Stuffed Breast of Corn-fed Chicken

Carrot & Rosemary Puree, Seasonal Green Vegetable, Dijon Fondant Potato, Herb Oil

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Seared Salmon Fillet

Chervil Mousse, Wilted Spinach, Tomato Parmentier Potatoes, Lemongrass Beurre Blanc

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Roast Hake Fillet

Crushed New Potatoes, Rich Bisque Sauce, Tenderstem Broccoli

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Pan-fried Gilt Head Bream Fillet

Parsley Mash, Baby Carrots & Asparagus, Warm Tartare Sauce

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Charred Cauliflower

Pine Nuts, Raisins, Lemon, Red Pepper Coulis, Mangetout (vegan)

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Beluga Lentil Bolognaise

Linguine Pasta, Vegan Parmesan (vegan)

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## Desserts

Espresso Crème Brûlée, Amoretti Biscuits

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Passion Fruit Eton Mess

Mango Coulis

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Classic American Vanilla Cheesecake

Blueberry Gel

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Gateau Opera

Black Sesame, Cherry Jelly

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Gooseberry & Almond Tart

Vanilla Ice-cream

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Raspberry & White Chocolate Mousse

Raspberry Sorbet

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Amarena Cherry & Dark Chocolate Delice

Whipped Cream, Pistachio Crumb

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Peach & Verbena Panna cotta

Peach & Thyme Compote (Vegan)

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Chocolate & Raspberry Dome (Vegan)

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