

LIFE'S KITCHEN



A LOVE OF FOOD &
A SENSE OF OCCASION

A close-up photograph of a gourmet dish. It features a golden-brown, breaded and fried item, possibly a fish or vegetable patty, resting on a bed of white sauce. The dish is garnished with fresh green and purple microgreens, and small cubes of caramelized onion are scattered around. The entire dish is presented on a dark, reflective plate.

2025-2026 AUTUMN WINTER MENU SELECTOR

Life's Kitchen

0207 248 1163 | info@lifeskitchen.com | www.lifeskitchen.com

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— ♦ —
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Starters

Smoked Duck Breast, Chestnut & Blackberry
Kumquat Relish, Endive Salad

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Bresaola Carpaccio
Pickled Mushrooms, Crispy Onions, Truffle Dressing & Rocket Cress

~

Haggis Croquette
Tomato Chutney, Parsley Cress

~

Chicken, Sweetcorn & Spring Onion Terrine
Celeriac & Kohlrabi Remoulade

~

Pan-fried Scallops, Spiced Butternut Squash
Pickled Red Onions, Herb Crumb
(£3.00 +VAT Supplement Charge)

~

Smoked Haddock & Saffron Arancini
Brown Crab Mayo, Baby leaf Salad

~

Grilled Salmon
Pumpkin & Barley Risotto, Herb Oil

~

Chilled Smoked Trout & Watercress Tatin
Horseradish Crème Fraîche

~

Roast Carnival Squash & Vegan Feta Salad
Toasted Pine Nuts, Salsa Verde (vegan)(GF)

~

Mushroom & Chestnut Pâté
Tarragon & Cranberry Relish, Toasted Sourdough Bread (vegan)

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Main Courses

Thyme & Honey Roasted Duck

Confit Leg Bonbon, Potato Purée, Roasted Fennel & Burnt Orange Sauce

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Pan-fried Grain-Fed Chicken Breast

Morrel & Truffle Stuffing, Grilled Carrots, Potato Rosti, Tarragon Sauce

~

Slow Cooked Sirloin of Beef

Swede Pomme Anna, Sticky Onion & Savoy Cabbage, Wild Mushroom Cream Sauce

~

Pot Roasted Leg of Lamb

Anchovy & Herb Marinade, Seasonal Greens, Butternut Squash Mash

Cooking Liquor Reduction

~

Braised Pork Belly

Bramley Apple & Sultana Compôte, Buttered Kale

Grain Mustard Mash, Crackling

~

Pan-fried Black Bream Fillet

Saffron Fondant Potato, Wilted Spinach, Tomato Harissa Fondue

~

Baked Cod Fillet

Parsley New Potatoes, Mangetout, Leeks & Cockles White Sauce

~

Salmon En Croûte

Chive Crushed New Potatoes, Green Beans, Hollandaise Sauce

~

Vegan Moussaka

Seasonal Vegetables (vegan)(GF)

~

Artichoke & Spinach Tart

Turnip Gratin, Chestnut Mushroom & Thyme Cream (vegan)(GF)

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Desserts

Pear Tarte Tatin

Rum & Raisin Ice-Cream, Caramel Sauce

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White Chocolate Cheesecake

Sour Cherry Sauce

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Callebaut Chocolate Fudge

Caramel Sauce & Honeycomb Crumb

~

Custard Tart

Spiced Plum Compote, Chantilly Cream

~

Baileys Crème Brûlée

Almond Biscuit

~

Marmalade Bread & Butter Pudding

Chocolate Crème Anglaise

~

Pistachio Pavé

Dried Apricot Compote

~

Lemon Posset

Pistachio & Ginger Crumb, Lemon Curd Cream

~

Apricot & Apple Crumble Tart (vegan)(GF)

Apple Sorbet

~

Mandarin Cheesecake (vegan)

Dark Chocolate Syrup

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