



LIFE'S KITCHEN

— ♦ —
A LOVE OF FOOD &
A SENSE OF OCCASION

City Menu Selector Spring Summer 2017

LIFE'S KITCHEN LTD
0800 915 0978
INFO@LIFESKITCHEN.COM
WWW.LIFESKITCHEN.COM

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Starters

Asparagus & Smoked Salmon Bundle
Hot Smoked Salmon & Horseradish Timbale
Oat Bread Crisp

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Tiger Shrimp & Sesame Roulade
Crisp Asian Vegetables
Soy & Ginger Dressing

~

Pan Fried Sea Bass Fillet
Warm New Potato & Spring Onion Salad
Citrus Emulsion

~

Goats Cheese Mousse
Red Beets
Pine Nut Crumble

~

Seared Smoked Duck Breast
Quails Egg & Crispy Bacon Salad
Homemade Brown Sauce

~

Beef Carpaccio
Pickled Shallots, Shaved Parmesan
Creamy Truffle Dressing

~

Thai Spiced Crispy Crab Beignet
Brown Crab Emulsion
Lightly Pickled White Radish

~

Hazelnut Crusted Scallops
Cauliflower Puree
Air Dried Ham
(£3.50 Supplement)

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Mains

Beef Two Ways
Glazed Short Rib & Griddled Medallion
Sweet Potato Puree & Rich Jus

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Cumin Spiced Lamb Rack
Potato & Celeriac Rosti
Julienne of Spring Vegetables

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Grilled Salmon Fillet
Smoked Garlic Potatoes, Minted Pea Puree
Roasted Baby Fennel

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Cotswold White Chicken Breast "Saltimbocca"
Vegetable Spaghetti, Rosemary Potatoes
Tomato Fondue

~

Honey & Soy Glazed Pork Belly
Wilted Pak Choi, Saffron Fondant
Five Spice Jus

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Marinated Swordfish Steak
Pearl Cous Cous
Charred Summer Vegetables

~

Slow Roasted Fillet of Blackened Beef
Anna Potatoes
Truffle Scented Jus
(£5.00 Supplement)

~

Pan Seared Sirloin of Lamb
White Onion Puree, Heritage Carrots
Redcurrant Glaze
(£5.00 Supplement)

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Desserts

Eton Mess
Steeped Berries, Crushed Meringue
Whipped Cream

~

Vanilla Panacotta
Mango & Mint Salsa
Mango Sorbet

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Peach Bellini Sphere
Clotted Cream Ice Cream
Shortbread Crumb

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Apricot & Almond Frangipane Tart
Sweet Vanilla Cream
Pistachio Powder

~

Warm Chocolate Fondant Pudding
Salted Carmel Ice Cream
Ginger Tuille

~

Summer Fruit Trifle
Crème de Fraise Soaked Sponge
Macerated Fruits & Sponge in Crème de Fraise Jelly
Rich Vanilla Custard & Chantilly Cream

~

Gin & Tonic Mousse
Lemon Sorbet
Candied Lemon Zest

~

British Cheese Platter
Quince Jelly and Artisan Crackers

(£3.50 Supplement if taken as dessert, £8.50 Supplement if taken as an extra course)

*Please choose one starter, one main course and one dessert for your event.
Dietary requests are catered for with pleasure.*

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